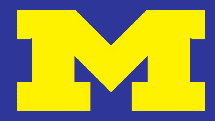
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**MUHLENBERG SCHOOL DISTRICT ATHLETICS DIRECTORY**

**MUHLENBERG JUNIOR HIGH SCHOOL SPRING SPORTS**

**Open for students in grades 7-9 at MJHS-Practices begin on 3/10/25**

**Students MUST have physicals completed and turned in to our Athletic Training Staff prior to first practice**

**Sports and Coaching Contact**

Baseball—Coach Sager: [sagern@muhlsdk12.net](mailto:sagern@muhlsdk12.net)

Softball—TBA-Please Contact Coach Jablonski for any information

Boys Track and Field: Coach Coach Pumphrey: [pumphreyg@muhlsdk12.net](mailto:pumphreyg@muhlsdk12.net)

Girls Track and Field: Coach Wolfe: wolfer@muhlsdk12.net

**MUHLENBERG HIGH SCHOOL SPRING SPORTS**

**Sports and Coaching Contact**

**Practices begin for High School sports on 3/3/25**

Baseball—Coach Kopetsky: [kopetskyb@muhlsdk12.net](mailto:kopetskyb@muhlsdk12.net)

Softball—Coach Jablonski: [jablonsj@readingsd.org](mailto:jablonsj@readingsd.org)

Boys and Girls Track and Field—Coach Castiglioni: [bcastiglioni76@gmail.com](mailto:bcastiglioni76@gmail.com)

Boys Lacrosse—Coach Colella: [colellas@muhlsdk12.net](mailto:colellas@muhlsdk12.net)

Girls Lacrosse—Coach Hefter: [hefterl@muhlsdk12.net](mailto:hefterl@muhlsdk12.net)

Boys Tennis—Coach Simons: [ssimons@comcast.net](mailto:ssimons@comcast.net)

**Athletic Trainers**

610-921-8078 ext. 4285

Dan [Kropf—kropfd@muhlsdk12.net](mailto:Kropf—kropfd@muhlsdk12.net)

Ashley [Care-carea@muhlsdk12.net](mailto:Care-carea@muhlsdk12.net)